



The Stephen's Chronicle

Official Newsletter of St. Stephen's Hospital College of Nursing

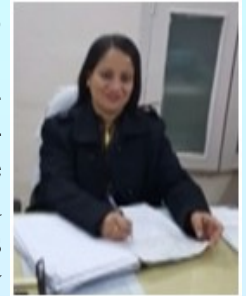
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PRINCIPAL'S INK....

It is my privilege to be a part of St. Stephen's family and I also extend my welcome to the fresher's of GNM and B.Sc.(Hons) Nursing students.

Nursing education at St. Stephen's Hospital College of Nursing emphasizes the importance of maintaining the highest professional standards in the care of patients. The College strives to provide an outstanding education to its students, while highlighting the importance of the values of empathy and compassion in the healing process. GNM and B.Sc. (Hons) Nursing students are designed to prepare for shouldering responsibilities and assuming accountability for Nursing services at the primary, secondary and tertiary level of care. They are essentially equipped to work as bedside nurses as well as in medical surgical units, pediatric, psychiatric, community health and as well as in midwifery. They are also expected to take up leadership in Nursing, being teachers, first level managers and budding researchers.



I wish you all the best for your bright future.

Mrs. Malini Singh Bhatti
Principal

CHRISTMAS GREETINGS AND HAPPY NEW YEAR!!

Farewell of Former Principal and Onam Celebration

"Good byes are not forever good byes are not the end, they simply mean we will miss you until we meet again!"

On 20th September, 2016, St. Stephen's Hospital, College of Nursing celebrated Onam and also bid farewell to our dear Principal Mrs. Mary Sarma in the function. The chief guest for the programme was Dr. Ann Mathew, Deputy Director of the hospital. The programme was scheduled in Conference Hall. It started with Bible reading and prayer by Pastor Bendang Lemtor followed by address by our chief guest. In past years, SNA (Student Nurses Association) remained an active unit and participated and organized many activities, SNA report was read by Ms. Ritu Khatri, GNM Intern.

Onam is one of the biggest and most important festival of Kerala state and Thiruvathira Kali, is a typical dance form. To make the programme more enthusiastic thiruvadira was performed by B.Sc.(Hons) 2nd year and an onam song by Ms. Sneha, B.Sc.(Hons) 4th year. Our new SNA office bearers of the year 2016-2017 were welcomed by Mrs. Mary Sarma and formally introduced to the audience.



“FAREWELL IS THE TIME WHICH BRINGS BACK ALL THE PAST MEMORIES THAT WE SPENT TOGETHER WITH TEACHERS, FRIENDS OR COLLEAGUES!”

A memorable farewell speech was given by Ms. Jerusha and Ms. Barkha B.Sc. (Hons) 4th year followed by group dance by GNM 2nd year. Results of previously organized poster-making competition held on Nurses Day were announced and it was followed by a traditional group song by B.Sc. (Hons) 3rd year and a beautiful dance performance by Ms. Dolly Modak, GNM Intern.

A short documentary film for our dearest Principal Mrs. Mary Sarma was presented by compiling all her special moments. It was followed by her speech, which emphasized mainly on nursing care and nursing skills, especially time management and she also extended special appreciation towards three students of GNM 3rd year for saving lives of 9 babies in pediatric ICU of LNJP Hospital during an emergency. Special Onam Sadhya (Onam lunch)



was arranged for all after the function.

An Attapookalam competition was also conducted for all the students in the premises of College of Nursing.

Ms. Thushara Mathew
B.Sc.(Hons)Nursing ,3rd year

Guru Gobind Singh Indraprastha University, Annual Sports Meet-2016

“Talent Wins Games But Teamwork And Intelligence Wins Championship!”

Guru Gobind Singh Indraprastha University, 14th annual sports meet was held in IP University Dwarka from 20th – 22nd October 2016. Total 52 students of all the batches of B.Sc.(Hons)Nursing from our College participated

with full zeal and enthusiasm in events like March past, tug-of-war, relay race, chess, kabbadi and long jump and they won various prizes also. We bagged the trophy for Best March Past and various medals in other Sports events. Our students participated in inter- university Kabbaddi competition also. They were accompanied by our Principal Mrs. Malini Singh Bhatti and Vice Principal Ms. Feba Geevarghese and faculty as they were source of motivation for students. It was a great opportunity for the students to show their talent and excel in extra-curricular activities

Ms. Thushara Mathew
B.Sc.(Hons)Nursing ,3rd year

Sports and Talent Nite 2016

The sports and games 2016 from September to November were organized in St. Stephen's Hospital as part of Hospital Talent Nite to commemorate the Hospital's Annual Day. Sports started with an inaugural friendly Throwball match and was declared close with a friendly Volleyball match. The games are played with a lot of enthusiasm from staff and students of our institution. There are many events like volleyball, throw ball, cricket, badminton, tennikoit, tug of war, kho-kho, table tennis, carom, Veteran's cricket, Senior Staff games etc. All players played with full dedication and team spirit. Prizes and trophies were distributed to the winners. Talent Nite was organized on 5th November 2016. The Chief Guest for the occasion was well-known actor Mr. Saurabh Shukla. Staff and students from various departments showcased their talent on stage and won many prizes.





Fresher's Party – "Novato" 2016



St. Stephen's Hospital, College of Nursing celebrated fresher's party on 25th October 2016. The theme for the year 2016 was "Shades of India". The Director of St. Stephen's Hospital, Dr. Sudhir C. Joseph shared his words of wisdom followed by the encouraging words by the Principal of St. Stephen's Hospital College of Nursing Mrs. Malini Singh Bhatti. Students of College of Nursing contributed for this event by participating in various programs such as dance, songs, skit etc. Around hundred new faces joined the St. Stephen's family this year. Every fresher was given opportunity to introduce themselves. Finally Ms. Jeena Saji, was proclaimed as Miss fresher of St. Stephen's Hospital, College of Nursing for the year 2016. It was one of the memorable moments for the freshers.

Ms. Anu Thomas
B.Sc. (Hons) Nursing, 3rd year

Workshop on Communication Skills 2016

On 22nd October 2016, the students of B.Sc. (Hons) Nursing 4th year conducted a workshop on "Communication Skills" for B.Sc.(Hons) Nursing 2nd year students. The workshop started at 8:45 AM with a word of prayer followed by welcoming of dignitaries. The topics included introduction to communication, types, facilitators, barriers techniques of effective communication and therapeutic communication which were taken by various resource persons.

The students were given pre-test and post-test. The Workshop was educative for all the students.



MTNL Health Mela 2016

MTNL Health Mela was held in Talkatora stadium on 27th October 2016. 52 students from St. Stephen's Hospital participated in the Health Mela and the students were guided by our faculty members. Our college students have participated in various activities like collage making, mehendi, poster making, choreography, skit competition etc. Heart care foundation organized different awareness program related to CPR.



They also served lunch to everyone. Students from our college won consolation prize in collage making competition.

At the end Dr. K.K. Aggarwal gave the inspirational speech. It was an informative learning event for all the students.

Mock Drill 2016

Petra Nemcova said- "We cannot stop natural disasters but we can alarm ourselves with knowledge." St. Stephen's Hospital organized an Emergency Preparedness programme for staff and students of College of Nursing. A Mock Drill was conducted on 12th November 2016 at 11AM in the College premises. Students were divided into 4 groups under guidance of various faculty members. All the groups participated with ardent and improved their cognitive, reflex skills.



College of Nursing faculty organized two workshops on Critical Care Nursing and Infertility on 16th June 2016 and 21st June 2016 respectively. Various delegates attended the workshops from other institutions besides our own staff. CNE is also conducted by the College of Nursing on every alternate Saturdays for the faculty members.



CNE and Workshop



SNA Christmas Program

On the 14th of December 2016, the College of Nursing celebrated Christmas with the support and guidance of SNA. The function started by 10:00 AM with a word of prayer followed by inspirational and enthusiastic speech by our respected Director, Dr. Sudhir C Joseph and Principal, Mrs. Malini Singh Bhatti. There were various programmes by the nursing students which included carols, dances, Christmas play, gift distribution and a Christmas walk by B.Sc. (Hons) Nursing 4th year who enacted the concept that *Jesus remains the same yesterday, today and forever more.*

The program had ended by 1:00 PM after which a Christmas lunch was organized by the SNA for all the dignitaries, external and internal faculty, and students.



Freshers Experience at St. Stephen's Hospital College of Nursing

College is a lot different than high school. We feel proud to become a part of this prestigious institution which is well known for its excellence in academics and discipline. As this is our first experience with hostel and college, we faced several problems while adjusting to the new environment but our teachers and seniors were always there for us. We could meet new people from different culture and develop a satisfying and long term friendship. Even though our parents won't be

around to follow up on our loose ends, yet we are learning to complete things. This college has given us opportunities to sharpen our skills in our field of choice and mould our careers. We are glad to be here.....

**B. Sc (Hons.)
Nursing & GNM students**

SNA Store Inauguration

Inauguration of SNA store in M-Block of student Nurses Hostel on 27-10-2016 by our director sir Dr. Sudhir C. Joseph accompanied by Principal, Vice Principal and faculty members of college of nursing.



Welcome

Mrs. Malini Singh Bhatti, Officiating Principal
Ms. Vinita, Clinical Instructor
Ms. Anupama Brown, Clinical Instructor
Ms. Suman Thakur, Clinical Instructor
Ms. Shivani Sharma, Clinical Instructor
Ms. Jijin Saji, Clinical Instructor

Retirement

Mrs. Mary Sarma, Principal

Farewell

Ms. Dorcus Phillip, Assistant Professor
Ms. Monica Chauhan, Clinical Instructor
Ms. Nisha A. Raj, Clinical Instructor
Mrs. Bindu Shrikant, Clinical Instructor
Ms. Nithya Annie Thomas, Clinical Instructor
Ms. Heena Arora, Clinical Instructor

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