



The Stephen's Chronicle

Official Magazine of St. Stephen's Hospital College of Nursing

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"In everything you do, put God first, and He will direct you and crown your efforts with success!" (Holy Bible)

We enter the last quarter for this year and look forward to the tasks laid out for completion before us. Mental Health is given special emphasis in our Institution and every year we celebrate the Mental Health Week in October and also conduct Workshop for our students on Mental Health & Stress Management in collaboration with the Psychiatry Department & Psychologists of our Hospital. Students participated enthusiastically in the University Sports and bagged 3rd Prize in the March Past. We were elated when our College was specially appreciated by the Hon'ble Sports Minister in his speech at the Sports Meet. Another feather was added in our cap when we received the 2nd Prize for Stall Exhibition felicitated by the Hon'ble CM of Delhi at the University's Silver Jubilee Celebrations in December this year. The year ended with festive Christmas celebrations and successful results of our Nursing students of all Courses.

Principal's Ink



Prof. Dr. Feba Geevarghese

Principal

St. Stephen's Hospital College of Nursing

Wish everyone a blessed Christmas and New Year Blessings!

WORLD MENTAL HEALTH WEEK 2024

On the occasion of World Mental Health Day, College of Nursing along with the Department of Psychiatry organised Poster Competition on 7th October 2024 on the theme "Mental Health at Workplace". Students actively participated in the event. Ms. Mahima Paul, B.Sc. Nursing 4th year bagged 1st prize; Ms. Simmi Nahara, B.Sc. Nursing 4th year, 2nd prize and Mr. Yuvraj M.Sc. Nursing 1st year got 3rd prize and received Rs. 3000/-, Rs 2000/- and Rs. 1000/- respectively.





Department of Psychiatry also organised the Interactive Session on 16th October 2024 for Faculty on the theme "Mental Health at Work" at St. Stephen's Hospital College of Nursing.

Dr. Rupali Shivalkar, HOD of Psychiatric Dept, Ms Sakshi, Clinical Psychologist, and Ms. Shinon, Clinical Psychologist focused on some strategies to improve mental health at the workplace at various levels. The objectives were to create a mental health policy, provide mental health training, encourage open conversations and promote work-life balance.



GURU GOBIND SINGH INDRAPRASTHA UNIVERSITY- 19th ANNUAL SPORTS MEET 2024



The 19th Annual Sports Meet of Indraprastha University was a vibrant celebration of athletic excellence, teamwork, and university spirit. Held over three action-packed days from 18-20 October 2024, the event brought together students from diverse colleges, fostering a sense of community and competition. The ceremony was inaugurated by, Hon'ble Prof. (Dr) Mahesh Verma, Vice Chancellor, Indraprastha University. The Chief Guest was Dr. Mankush Mandaviya, Union Minister of Youth Affair and Sports and labour and employment.

His presence and address inspired the students to strive for excellence in their respective sports disciplines and emphasized the importance of sports in maintaining a healthy lifestyle. The Guest of Honour was Mr. Aman Sherawat, the youngest male wrestler in India, who emphasized the importance of sports in overall development and encouraged students to embrace the spirit of competition.

The students of St. Stephen's Hospital College of Nursing bagged the Third prize in March Past competition showcasing their synchronized steps & team spirit and our College was specially appreciated by the Hon'ble Sports Minister Mr. Mansukh Mandaviya in his speech.

Throughout the events, the students gave their best, and their dedication and hard work paid off with impressive performances in various sports disciplines. The experience and exposure gained here will undoubtedly inspire the students to reach new heights in their academic and sporting pursuits.



DENGUE & ITS PREVENTION

About half of the world's population is now at risk of dengue with an estimated 100–400 million infections occurring each year. While many dengue infections are asymptomatic or produce only mild illness, the virus can occasionally cause more severe cases, and even death. Prevention and control of dengue depend on vector control.

Community Health Nursing Department, St. Stephen's Hospital College of Nursing organized a Role play on Dengue and its prevention on 25th October 2024 at CHD, Sunder Nagari and F2 Dispensary. The role play was performed by GNM 3rd year students to educate people about dengue symptoms, transmission, and prevention, encourage people to take action to prevent the spread of dengue and to foster a sense of responsibility in the community.

It was well presented and our students received appreciation from Dr. Abha Mangal, HOD, CHD, Sunder Nagari and her team and the video uploaded on YouTube channel of Community Health Department, St. Stephen's Hospital.





MODEL EXHIBITION

The Obstetrics and Gynaecological Nursing Department of St. Stephen's Hospital College of Nursing organised a one day model exhibition on 15th November 2024 at 3:30 pm in Conference hall. The event brought together participants from G.N.M. 3rd Year, B.Sc. 3rd Year, B.Sc. 4th Year, Post Basic 1st Year and M.Sc. 2nd Year with a total of 24 teams presenting their innovative ideas. The Honourable Chief Guest for the event was Dr. Sudhir C. Joseph, Director, St. Stephen's Hospital. This event was conducted under the guidance of Organising Chairperson Prof. Dr. Feba Geevarghese, Principal, St. Stephen's Hospital College

of Nursing along with Prof. Sheeba P. Joseph, Vice-Principal & HOD, Obstetrics and Gynaecology Department of our College and other faculties including Ms. Nalini, Assistant Professor, Ms. Rency Mol Jaboi, and Ms. N. Grace Amitha, Senior Tutors. The esteemed Judges of the event were Dr. Bushra Ahmed, HOD, Obstetrics and Gynaecology Department, St. Stephen's Hospital, Dr. Pinki Bahl, Senior Consultant, Paediatric Department, St. Stephen's Hospital and Prof. Dr. Feba Geevarghese, Principal, St. Stephen's Hospital College of Nursing. The winners of the exhibition were as follows: The 1st position was won by the model Titled: Female Reproductive System by - Ms. Shereena, Ms. Ann Maria, Ms. Sona, Ms. Elizabeth, Ms. Asin and M. Prisca – B.Sc. (Hons.) Nursing 3rd Year.



NATIONAL NEWBORN WEEK 2024

The Quiz Competition was organized by the Child Health Nursing Department, St. Stephen's Hospital College of Nursing on 18th November 2024 at 3:30 p.m. in B. Sc. (Hons.) Nursing 1st year classroom. The organizing Committee included Ms. Varsha Varghese & Ms. Shweta, Asst. Professors, Ms. Garima, Senior Tutor, Ms. Shalini & Ms. Varshi,



Ms. Pristina and Ms. Sinu Mathew, Tutors. Quiz competition was held among nursing students of B.Sc. (Hons.) Nursing

3rd year, B.Sc.(Hons.) Nursing 4th year and GNM 3rd year student batches. There were 3 teams (Team A, B and C) and each team had 3 students from each class. Announcement of the result and a token of appreciation were given to the winning team by our Principal, Prof. Dr. Feba Geevarghese and Vice Principal, Prof. Sheeba P. Joseph. Team C consisting of Ms. Ruchika B.Sc. (Hons.) Nursing 4th year, Ms. Priyanshi, B.Sc. (Hons.) Nursing 3rd year and Ms. Janvi, G.N.M 3rd year bagged the First prize.



MOCK DRILL ON CODE RED

A Mock drill on 'Code Red' was conducted under the supervision and guidance of our Principal Madam, Prof. Dr. Feba Geevarghese in College of Nursing on 5th December 2024 at 3.30pm. The drill was attended by the Safety Committee members, Faculty members, wardens and students of College of Nursing. The participants were divided into 4 groups which consisted of 102 students of various batches and few faculty members while all the remaining students & faculty formed part of the audience. The mock drill was conducted successfully with no non-conformities with the protocol. All students had followed the instructions and participated enthusiastically. The mock drill was called off at 4.15pm.

After all the groups had gathered at the Hostel quadrangle, the evacuation plan had been reviewed by Principal Madam and she spoke about fire safety and instructed the students to focus on safe evacuation.



POSTER COMPETITION AT ILBS

The Institute of Liver and Biliary Sciences, Delhi celebrated 27th Hepatitis Day on 4th December 2024. The students of our College actively participated at the Poster competition and attended the function. The Chief Guest for the occasion was Mr. Boney Kapoor, from the Film Industry.

4 Faculty members accompanied the students. The session was knowledgeable for the students.



CHRISTMAS PARTY CELEBRATION

The Student Nurses Association (SNA) St. Stephen's Hospital College of Nursing organized Christmas Party on 07/12/2024 to commemorate the birth of Jesus Christ. With the perspective of inculcating the real meaning of Christmas and to spread the message of Love, Hope and Happiness, an array of interesting programs were presented. The event hosted by Ms. Carol, GNM 2nd year and Ms. Elizabeth, B.Sc. (Hons.) Nursing 3rd year, started with the opening prayer by Rev. Poonam followed by the congregational song 'O Come all ye faithful'. Prof. Dr. Feba Geevarghese, Principal College of nursing welcomed the gathering and talked about the birth of Jesus Christ and extended the greetings of Christmas season to all. The Chief Guest of the programme was Dr. Sudhir C Joseph Director, SSH. Director Sir delivered an insightful message of being generous and to witness Christ in others by narrating the story of '**The Fourth Wise Man**'. The SNA report was presented by Ms. Jeslet Jiju, SNA Vice President followed by the Investiture ceremony of SNA Office bearers of the academic session 2024-2025.

The delightful celebration included Carol medley, Christmas skit and Choreography and the most awaited entry of Santa Claus. Christmas gifts from SNA were given to all students followed by the prize distribution of various competitions by Director Sir and Principal Madam. The Christmas Party-2024 concluded with the specially arranged Christmas Lunch for guests and



SILVER JUBILEE CELEBRATION OF GURU GOBIND SINGH INDRAPRASTHA UNIVERSITY

Guru Gobind Singh Indraprastha University celebrated its Silver Jubilee this year. On this grand occasion an exhibition was organized for all the affiliated colleges of the University on 12th and 13th December 2024. St. Stephen's Hospital College of Nursing actively participated and portrayed the various achievements and journey of the College.

Our College had a proud moment as our Principal Madam Prof. Dr. Feba Geevarghese received the Second Prize for the Best College Stall by Hon'ble Chief Minister of Delhi, Ms. Atishi Marlena Singh. The moment added feather to our prestigious Institution.

**FACULTY DEVELOPMENT**

Ms Shweta, Assistant Professor was sponsored by the Institution to attend a 6-days workshop- 'Training of Trainers on Simulation based Education' from 2nd-7th December 2024 at National Reference Simulation Centre, SGT University Gurugram.

CONGRATULATIONS

- ❖ 100% PASS RESULTS OF FINAL YEAR GNM, M.Sc. AND P.B.B.Sc. NURSING BATCHES
- ❖ ALL STUDENTS OF GNM 1ST & 2ND YEAR, M.Sc. NURSING 1ST YEAR, B.Sc. (HONS.) NURSING 2ND YEAR, 3RD YEAR AND SEMESTER III PROMOTED TO NEXT YEAR