



**St. Stephen's Hospital
College of Nursing**



GNM Exam Essentials

**A Question Bank with Smart Answer Guide
2nd Year**

Based on Indian Nursing Council Syllabus

Key Features:

- Includes important content
- Important diagrams and flowcharts
- Multiple choice questions with answer key
- Short and long answer questions from every unit
- Various other state question paper subject wise

Shweta

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Forewords

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ST. STEPHEN'S HOSPITAL
COLLEGE OF NURSING

ABOUT THE INSTITUTION

St. Stephen's Hospital, Delhi was established in the year 1885 and is one of the oldest hospitals in Delhi. It is a charitable healthcare institution, established and run by the minority Christian community, and administered by the Governing Body on behalf of the St. Stephen's Hospital Society. A super specialty NABH accredited tertiary care hospital with bed strength of 501, St. Stephen's Hospital has been committed to educational programmes right from its inception and runs DNB-recognized medical education programs, Nursing programmes and allied health courses. The Hospital is equipped with modern imaging modalities, Operation theatres, ICUs and Laboratories providing 24 hours emergency services.

St. Stephen's Hospital College of Nursing was established in 1908 and founded by Ms. Alice Wilkinson, a pioneer and co-author to the constitution of the Indian Nursing Council. We are one of the oldest Nursing Schools in the country and we have been training Nursing students for more than a century. We started training in the 'B' Grade Nursing course and in 1952 we started the 'A' Grade Diploma course, i.e., General Nursing and Midwifery (GNM) course. In the year 2008, the School of Nursing was upgraded to a College of Nursing with affiliation to Guru Gobind Singh Indraprastha University and BSc (Hons.) Nursing was started alongside GNM. We also have MSc Nursing (Postgraduate programme) and Post Basic BSc Nursing in our College. All our Nursing Courses are duly recognized by the Indian Nursing Council and the Delhi Nursing Council. We have reservation of seats for Christian candidates in our courses as per our status as Christian Minority educational institution. St. Stephen's Hospital College of Nursing is ranked no. 1 by the Indian Institutional Ranking Framework (IIRF) in North India and no. 2 at the National level. St. Stephen's Hospital College of Nursing has received 'Best Nursing College of the Year Award 2025' from the Academic Insights Magazine. Every year, we have been consistently securing 'A' Grade certification by the Joint Assessment Committee (JAC) of the Department of Higher Education Government of NCT of Delhi and also from State Fee Regulatory Committee (SFRC).



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Salient Features

- The textbook is structured in a uniform and systematic manner across all chapters. Each chapter begins with clearly stated learning objectives and key terms, which effectively guide learners and simplify the teaching-learning process.
- This book serves as a well-organized, informative, and student-friendly companion for both students and teachers, facilitating effective learning and helping students progress smoothly through the subject matter.
- An extensive review of literature has been undertaken to incorporate up-to-date and relevant information wherever necessary. Attractive and well-placed illustrations help reduce the monotony of continuous text and aid in grasping difficult concepts with ease. Meaningful flowcharts are provided at appropriate points to support quick revision and long-term retention of key ideas.
- Important points are highlighted, giving students the impression of guided learning support. Additionally, objective and subjective questions and sample question papers for each subject from various states are also included to assist students in effective examination preparation.

Shweta RN RM MSc (N) is a dedicated nursing professional and Assistant Professor at St. Stephen's Hospital College of Nursing, Delhi, India. She earned her BSc (Hons) Nursing degree from St. Stephen's Hospital College of Nursing, affiliated with Guru Gobind Singh Indraprastha University (GGSIPU), Delhi. Driven by a passion for excellence and lifelong learning, she pursued her Master's Degree in Child Health Nursing from Rufaida College of Nursing, Jamia Hamdard University, New Delhi. Her professional journey includes valuable clinical experience at St. Stephen's Hospital, Delhi, and Kendriya Vidyalaya, Rohini, which has enriched her understanding of patient's care and healthcare delivery. With experience as a Nursing Tutor at Sant Parmanand School of Nursing and over 3 years of teaching experience as a Nursing Tutor at St. Stephen's Hospital College of Nursing, she has made significant contributions to nursing education and later on promoted as an Assistant Professor in 2022. She is recognized for her dedication to academic excellence, student mentorship, and her ability to foster critical thinking and professional competence among nursing students. An active contributor to academic and research activities, she has presented scholarly papers at international forums and continues to guide and co-guide students in their research endeavors. Her commitment to advancing nursing knowledge and nurturing future healthcare professionals reflects her passion for education, research, and evidence-based practice. Through her teaching, mentorship, and scholarly pursuits, she strives to inspire nursing students to uphold the highest standards of professional excellence, compassionate care, and lifelong learning.

Jaya Simon RN RM MSc (N) is presently serving as an Assistant Professor at St. Stephen's Hospital College of Nursing, Delhi, India. She began her nursing journey after completing her Diploma in General Nursing and Midwifery from Guru Harkishan Hospital, Delhi. The editor began her nursing career in 2008 as a Staff Nurse, demonstrating dedication and commitment to quality patient's care from the outset. With a keen interest in patient's safety and healthcare quality, she was later given the opportunity to serve as an Infection Control Nurse at St. Stephen's Hospital, where she played a vital role in promoting infection prevention and control practices. Committed to continuous professional growth she completed her Post Basic BSc Nursing from Holy Family College of Nursing, further strengthening her clinical and academic expertise. Driven by a passion for advancing nursing knowledge and mental health care, she subsequently earned her MSc Nursing degree from Holy Family College of Nursing with a specialization in Mental Health Nursing. In 2021, she joined at St. Stephen's Hospital College of Nursing as a Tutor, where her dedication to teaching, mentorship, and academic excellence quickly distinguished her among colleagues and students. Recognizing her contribution to nursing education, she was promoted to the position of an Assistant Professor. Through her clinical experience, academic achievement and commitment to nurturing future nursing professionals she continues to contribute significantly to the advancement of nursing practice and education. She is an active member of professional organization such as the Trained Nurses' Association of India (TNAI), reflecting her commitment to professional growth and collaborative healthcare advancement. Renowned for her student-focused pedagogy, clarity of instruction, and unwavering commitment to academic and professional excellence, she has played a pivotal role in shaping future nursing professionals. In recognition of an outstanding mentorship and transformative impact on students, she was honored with the Best Mentor Award 2026.



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