

Comfort devices

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A decorative graphic element consisting of several horizontal lines of varying lengths and colors (teal, light blue, white) extending from the right side of the slide.

Back rest



Back rest

- It is a mechanical device which provides support to patients in a sitting/fowler's position
- Pillows can be placed as per the comfort of the patient
- The angle of fowler's position can be adjusted as per the need
- These days hospital beds have an attached back rest

Cardiac table



Cardiac table

- It is a device designed as an over bed table
- It is placed in front of the patient while they are in fowler's position
- Cardiac and dyspnea patients can lean on it while in sitting position by placing a pillow over it.
- It also serves the purpose of writing, eating

Foot board



- It is a flat panel made of wood or plastic and is placed at the foot end of the bed
- It provides support to the patient's feet, keeps the top bed covers off the patient's feet and makes the foot comfortable.
- It helps in preventing foot drop

Foot blocks



- They are made of wood or metal and are used to raise the foot end or head end of the bed
- They are used to prevent shock, to arrest hemorrhage, to retain enema

Knee pillow/rest



- It may be substituted by a pillow
- It gives relaxation and thus relieves pain on the abdominal muscles and on tendons beneath the knees

Sand bag

- Sand bags are used to immobilize the part as in fracture and to relieve discomfort
- It may be used to support any part of the body and to prevent foot drop or wrist drop



Air cushion



- These made up of rubber and can be inflated with air
- They are used to take the weight of the body off the sacral region
- They prevent bed sore at the buttocks
- They should always be covered with cloth cover

Cotton rings

- They are made of cotton.
- They are used to relieve pressure on certain parts of the body like elbows, heels, occiput etc.

RUBBER RING



COTTON RING



Hot water bottle

- These are rubber bags which can be filled with hot water and are used to provide warmth and to make the patient and the environment comfortable



Bed cradle



- It is a comfort device, designed to keep the top bed clothes off the feet, legs and abdomen of the patient.
- It is used in cases of burns or to apply heat for drying plaster casts
- It is also used in observing patients with lower limb amputation.

Air/water mattress

- These are used for patients who are prone to develop pressure sores.
- The principle behind is that the pressure exerted by the body is equally distributed in all directions, thus pressure against bony prominences or areas subject to bed sore will be reduced

