

## ANNEXURE – IX

### CO-CURRICULAR ACTIVITIES CONDUCTED BY THE INSTITUTION

- Reference 9 (a) National Conference organized by Institution.
- Reference 9 (b) Seminar organized by Institution
- Reference 9 (c) Faculty/Management development Program organized.
- Reference 9 (d) Workshop organized by Institution
- Reference 9 (e) Short term/Value added programmes.
- Reference 9 (f) Webinar/Online extension lecture organized.



Prof. Dr. Feba Geevarghese  
Principal cum Professor  
St. Stephen's Hospital CON.  
Associate Dean  
(Nursing & Allied Sciences),  
USM & AHS, GGSIPU

## ANNEXURE – IX

### With Reference to Point No 9 (a.1) National Conference Organized

| S.No. | Programme                                                         | Date                                | Area/Department                           |
|-------|-------------------------------------------------------------------|-------------------------------------|-------------------------------------------|
| 1.    | National Conference on Advanced Nursing Leadership – HAGGAI India | 21/08/2026, 28/08/2026 & 04/09/2026 | St. Stephen's Hospital College of Nursing |
| 2.    | National Conference "Skilled Hands: Safer Birth"                  | 27/01/2026 -28/01/2026              | St. Stephen's Hospital College of Nursing |
| 3.    | National conference on "Leadership and Management"                | 23/06/2026 - 24/06/2026             | St. Stephen's Hospital College of Nursing |

### With Reference to Point No 9 (a.2) Indexed Proceedings

| S.No. | Programme                                 | Date        | Area/Department                           |
|-------|-------------------------------------------|-------------|-------------------------------------------|
| 1.    | Paper Published in Conference Proceedings | 2025 - 2026 | St. Stephen's Hospital College of Nursing |

### With Reference to Point No 9 (b) Seminar Organized

No. of Half Day Seminar:

| S.No. | Programme                                                                                     | Date       | Area/Department        |
|-------|-----------------------------------------------------------------------------------------------|------------|------------------------|
| 1.    | Handling Fire & Non – Fire Emergencies                                                        | 25/05/2026 | St. Stephen's Hospital |
| 2.    | Incident Reporting – Procedures to follow in the Event of an incident                         | 02/06/2026 | St. Stephen's Hospital |
| 3.    | Detection, Handling, Minimization and Elimination of Identified Risks within the Organization | 03/06/2026 | St. Stephen's Hospital |
| 4.    | Handling Fire & Non – Fire Emergencies & Occupational Safety Aspects                          | 05/06/2026 | St. Stephen's Hospital |
| 5.    | Organization's Quality Improvement Program                                                    | 08/06/2026 | St. Stephen's Hospital |

No. of One day Seminar:

| S.No. | Programme                                         | Date                    | Area/Department        |
|-------|---------------------------------------------------|-------------------------|------------------------|
| 1.    | Infection Control Practices – Needle Stick Injury | 26/09/2026 - 28/09/2026 | St. Stephen's Hospital |

  
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**With Reference to Point No 9 (c) Faculty Management Development Programme Organized**

| S.No. | Programme                                                                                | Date                    | Area/Department                           |
|-------|------------------------------------------------------------------------------------------|-------------------------|-------------------------------------------|
| 1.    | FDP - Continuing Nursing Education on various Topics related to Medical care and Nursing | 11/10/2025 – 19/12/2026 | St. Stephen's Hospital College of Nursing |
| 2.    | Faculty Sensitization (Stress Management) during mental health during Mental Health Week | 03/10/2025- 10/10/2025  | St. Stephen's Hospital College of Nursing |

**With Reference to Point No 9 (d) Workshop Organized**

| S.No. | Programme                       | Date       | Area/Department                           |
|-------|---------------------------------|------------|-------------------------------------------|
| 1.    | Workshop on "Immunization Week" | 29/04/2026 | St. Stephen's Hospital College of Nursing |

**With Reference to Point No 9 (e) Short Term/ Value Added Programmes Conducted**

| S.No. | Programme                                             | Date       | Area/Department        |
|-------|-------------------------------------------------------|------------|------------------------|
| 1.    | Mock Drill On "Code Red: Fire Drill and Evacuation    | 25/11/2025 | St. Stephen's Hospital |
| 2.    | Prevention of Sexual Harassment of Women at Workplace | 27/02/2026 | St. Stephen's Hospital |
| 3.    | Induction Training                                    | 01/05/2026 | St. Stephen's Hospital |
| 4.    | Induction Training                                    | 30/06/2026 | St. Stephen's Hospital |

**With Reference to Point No 9 (f) Webinar/Online Lectures Organized**

| S.No. | Programme                                               | Date                                                              | Area/Department                                            |
|-------|---------------------------------------------------------|-------------------------------------------------------------------|------------------------------------------------------------|
| 1.    | Academic Series on Palliative Care for Nursing Students | 06/06/2026 – 25/07/2026<br>(weekly 2 hours)<br>Total: 08 lectures | Mandatory module for B.Sc. (H) Nursing Semester 4 students |



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**Principal cum Professor**  
**St. Stephen's Hospital COM**  
**Associate Dean**  
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**USM & AHS, GGSIPU**

## **Report on National Leadership Seminar by HAGGAI, India**

A three-day National Leadership Seminar was conducted on 21 August, 28 August, and 4 September at St. Stephen's Hospital College of Nursing, Tis Hazari, Delhi by HAGGAI, India. The main objective of the seminar was to transform participants into effective Christian leaders through the power of the Holy Spirit, enabling them to lead others to Jesus Christ through both words and example and to train others to do the same.

The first day, held on 21 August, included sessions on Foundations of Truth (FT), Discipline of a Leader for Sharing the Truth (DLFE), and Effective Witness in Leadership. The sessions focused on developing a strong foundation of truth, leadership discipline, and effective Christian witness.

The second day, held on 28 August, began with devotion led by Rev. Bendang Lemtor and covered Discipline of a Leader for Sharing the Truth, Communicating the Truth Effectively (COMM), and Life's Mission and Goal Setting (LMGS). A group photo session was also conducted during the lunch break.

The final day of the programme was held on 4 September began with devotion led by Rev. Bendang Lemtor. The day included sessions on Effective Witness in Leadership, Life's Mission and Goal Setting, and Communicating the Truth Effectively. This was followed by Final Day Feedback and Strategic Initiatives.

The programme concluded with the Convocation Ceremony and Participants' Feedback. During the ceremony, the participants shared their experiences and reflections from the workshop. Prof. Dr. Feba Geevarghese, Principal, College of Nursing, graced the occasion and delivered the convocation message. Certificates were then distributed to the participants.

Prof. Shelly Shajan, Vice-Principal, delivered the vote of thanks. The programme ended with a closing prayer led by Rev. Bendang Lemtor, followed by the completion of feedback forms by the participants.

The seminar was coordinated by Mr. M. K. Viswanathan, with sessions facilitated by Ms. Rohinee Michigan, Ms. Archana Robinson, Ms. Aruna Jacob, Mr. M. K. Viswanathan, and Mr. Alfred A. Luther.

Overall, the three-day seminar provided participants with opportunities to strengthen their leadership, communication, goal-setting, discipline, and Christian witnessing skills, with an emphasis on becoming effective leaders by both word and example.

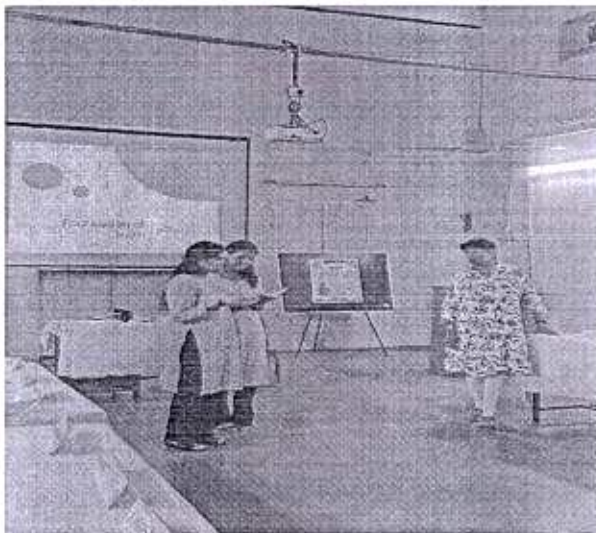
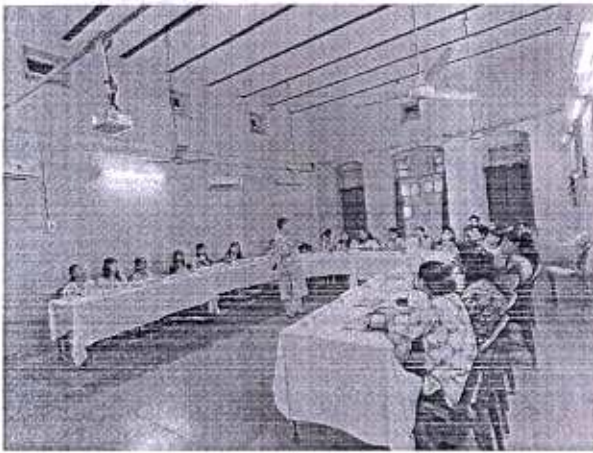
The coordination of the arrangements for the three-day seminar was undertaken by Ms. Esther P. Manohar, Ms. Jessica Thomas and Mr. Abhishek Anand.



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Principal cum Professor  
St. Stephen's Hospital CON  
Associate Dean  
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## Glimpse of 3 days Seminar

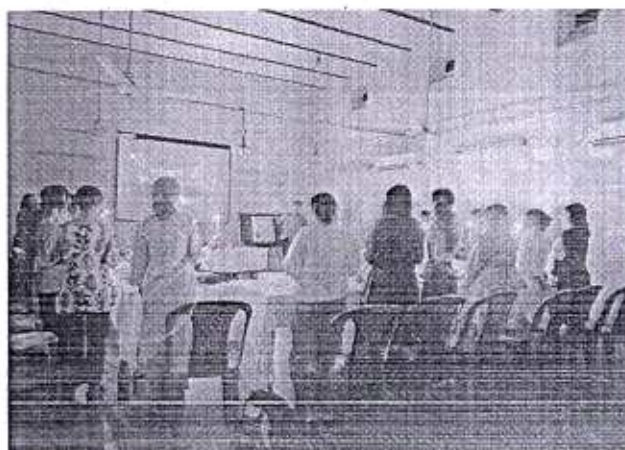
### Day 1



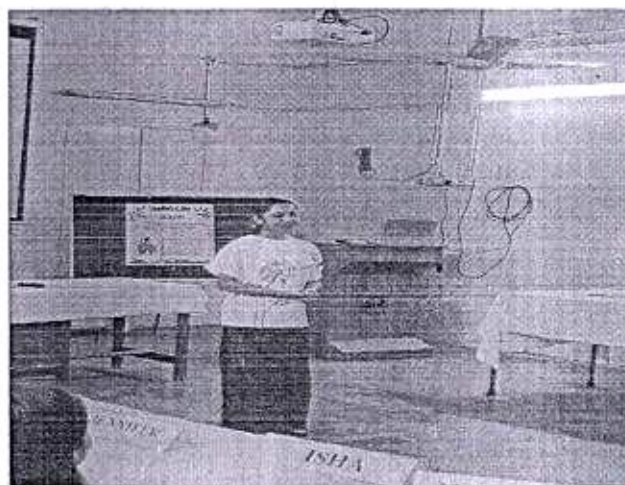
### Day 2



Prof. Dr. Feba Geevarghese  
Principal cum Professor  
St. Stephen's Hospital CON  
Associate Dean  
(Nursing & Allied Sciences),



### Day 3



Prof. Dr. Feba Geevarghese  
Principal cum Professor  
St. Stephen's Hospital CON  
Associate Dean  
(Nursing & Allied Sciences),  
TAMIL NADU



#### Faculty

Ms. Esther Manohar

Mr. Abhishek Anand

Ms. Jessica Thomas

*Esther Manohar*  
*Abhishek Anand*  
*Jessica Thomas*

*Prof. Dr. Feba Geevarghese*  
Prof. Dr. Feba Geevarghese  
Principal

**We cordially invite you to  
our National Conference**

**Date:** 27<sup>th</sup> & 28<sup>th</sup> January 2026

**Timing:** 8 am - 5 pm

**Venue:** Conference Hall, SSH

**Payment for registration**

**Students:**

U.G. & P.G. Students: Rs. 1000 (On-the-spot)

**Non - Students:**

**Early Bird:** Rs. 1300 (till 20.01.2026)

**After 20.01.26 and On-the-spot:** Rs. 1400

*(Tea, Snack and Lunch will be provided)*

Students are required to bring their  
Institution ID Cards for the verification

**Link for registration and payment**

<https://ststephenshospital.org/conf>

**For registration and query contact:**

**Ms. Rency Mol Jaboi**

Mob No: 8860132947

**Ms. Bindu Savin**

Mob No: 9717963653

**CHIEF GUEST:**  
**DR. SUDHIR C. JOSEPH**

Director  
St. Stephen's Hospital



**ST. STEPHEN'S HOSPITAL**

**ORGANISING CHAIRPERSON:**

**PROF. DR. FEBA GEEVARGHESE**

Principal  
St. Stephen's Hospital  
College of Nursing

**MS. ELIZABETH SANTOSH**

Nursing Superintendent  
St. Stephen's Hospital

**ORGANISERS:**

**MS. MALA**

Assistant Professor  
St. Stephen's Hospital College of Nursing

**MS. N. GRACE AMITHA**

Senior Tutor  
St. Stephen's Hospital College of Nursing

**MS. BINDU SAVIN**

Ward Incharge  
St. Stephen's Hospital

Is Organising a

**NATIONAL CONFERENCE ON**

**“SKILLED HANDS -  
SAFER BIRTH”**



Prof. Dr. Feba Geevarghese  
Principal cum Dates: 27<sup>th</sup> & 28<sup>th</sup> January 2026  
St. Stephen's Hospital  
Associate Dean (Nursing & Allied Sciences),  
(USM & AHS, ~~Venue~~: Conference Hall, SSH)

**DNC CREDIT HOURS WILL BE PROVIDED**

## Greetings

Greetings from St. Stephen's Hospital. Our Hospital and College of Nursing has immense pleasure in inviting you to the Conference from 27<sup>th</sup> - 28<sup>th</sup> January 2026.

### Target Group

Under graduates, Post graduate students, Nursing Faculty, Nursing Administrators, Nurse Educators, Staff Nurses.

### About the Institution

St. Stephen's Hospital, Delhi is a charitable mission hospital established and run by St. Stephen's Hospital Society. It had a humble beginning in 1885 as a 20-bed hospital in Chandni Chowk in memory of Ms. Priscilla Winter, a non medical missionary. By 1908, the hospital grew into 100 bedded Women and Children's hospital relocated at Tis Hazari. Today this modern well-equipped hospital has a strength of 501 beds in various specialties and super specialties. Education and training of medical, nursing and Allied Health professionals is an ongoing programme in this institution.

Established in 1908 and founded by Ms. Alice Wilkinson, a pioneer and co-author of the constitution of the INC, we have one of the oldest nursing schools in the country. In 1952, we started the A-grade diploma course and then the General Nursing & Midwifery course. In the year 2008, the School of Nursing was upgraded to College of Nursing affiliated to GGSIPU and B.Sc. (Hons.) Nursing was started with 50 seats along with 50 seats for GNM. We also have M.Sc. Nursing with 15 seats in 3 specialties and Post Basic B.Sc. Nursing with 20 seats.

### About the theme:

Skilled hands ensure safe birth by providing timely, evidence-based care during pregnancy, labor, and delivery. Trained healthcare professionals can recognize risks early, respond effectively to complications, and support normal birth processes. Their expertise, vigilance, and compassionate care play a vital role in protecting the lives of both mother and newborn.

## PROGRAMME SCHEDULE DAY 1 ( 27.01.2026)

| Time            | Event                                                                                                                  | Resource Person                                                                                                     |
|-----------------|------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|
| 8 - 9 am        | Registration and Pre-test                                                                                              |                                                                                                                     |
| 9-9:45am        | Inaugural Session<br>Opening Prayer<br>Lamp Lighting<br>Welcome Address<br>Unfolding of theme<br>Chief Guest's address |                                                                                                                     |
| 9:45 - 10:15 am | TEA BREAK                                                                                                              |                                                                                                                     |
| 10:15-11:15 am  | Session 1: Strong Plans, Safe Birth: Empowering families to prepare and respond.                                       | Ms. Latha Venkatesan<br>Professor cum Principal<br>AIIMS, CON, Delhi                                                |
| 11:15-12:15 pm  | Session 2: Every visit counts: Mastering comprehensive antenatal assessment                                            | Ms. Anugrah Milton<br>Tutor<br>RAKCON                                                                               |
| 12:15-1:15 pm   | Session 3: Calm in the storm: Supporting Women in Birthing                                                             | Prof.Dr. Cimil Babu<br>Professor cum<br>Vice Principal<br>HFCON                                                     |
| 1:15 - 2 pm     | LUNCH BREAK                                                                                                            |                                                                                                                     |
| 2-3 pm          | Session 4: Early detection of High risk Pregnancy                                                                      | Ms. Shiny Chacko<br>TNAI National<br>Treasurer                                                                      |
| 3-4 pm          | Session 5: Contraction to condition: Mastering Intrapartum assessment                                                  | Dr. Raisa Samuel<br>Consultant<br>Obs & Gynaec<br>Department (Nursing & Allied Sciences),<br>SSH<br>IISMAHS, GGSIPU |
| 4-4:15 pm       | ACTIVITY                                                                                                               |                                                                                                                     |
| 4:15 - 5 pm     | SKILL STATION                                                                                                          |                                                                                                                     |

## PROGRAMME SCHEDULE DAY 2 ( 28.01.2026)

| Time             | Event                                                                            | Resource Person                                                                                                                                       |
|------------------|----------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------|
| 8 - 9 am         | Session 1: When Every sign matters                                               | Prof. Sheeba P. Joseph<br>Vice Principal cum<br>Professor<br>SSHCON                                                                                   |
| 9-10 am          | Session 2: Let Birth Flow: Facilitating & supporting normal birth the right way. | Dr.Naimaa Choudhary<br>HOD, OBS and Gynae<br>Department<br>SSH                                                                                        |
| 10-10:30 am      | TEA BREAK                                                                        |                                                                                                                                                       |
| 10:30-11:30 am   | Session 3: The First Minute Matters: Excellence in immediate newborn care"       | Dr. Vivian Suman<br>Consultant<br>SSH                                                                                                                 |
| 11:30 - 12:30 pm | Session 4: From birth to recovery: Supporting Women in immediate Postpartum care | Prof. Dr. Manju Chugani<br>Former Dean<br>RFCON, Jamia Hamdard                                                                                        |
| 12:30 - 1pm      | ACTIVITY                                                                         |                                                                                                                                                       |
| 1-1:45 pm        | LUNCH BREAK                                                                      |                                                                                                                                                       |
| 1:45-2:45 pm     | Session 5: Beyond Birth: Comprehensive Postnatal assessment                      | Ms. Somibala Thokchom<br>Assistant Professor<br>RFCON, Jamia Hamdard                                                                                  |
| 2:45-3pm         | ACTIVITY                                                                         |                                                                                                                                                       |
| 3-4 pm           | Session 6: Beyond Birth: Comprehensive Postnatal assessment                      | Prof. Dr. Feba Geewangthang<br>Principal cum Professor<br>St. Stephen's Hospital<br>Associate Dean<br>(Nursing & Allied Sciences),<br>IISMAHS, GGSIPU |
| 4-5 pm           | Valedictory Session & Certificate Distribution                                   |                                                                                                                                                       |

ST. STEPHEN'S HOSPITAL

# NATIONAL CONFERENCE



**SKILLED HANDS - SAFER BIRTH**



**CHIEF GUEST:**

**DR. SUDHIR C. JOSEPH**  
**DIRECTOR**

**ORGANISING CHAIRPERSON:**

**PROF. DR. FEBA**  
**GEEVARGHESE**  
**PRINCIPAL**  
**ST. STEPHEN'S**  
**HOSPITAL COLLEGE**  
**OF NURSING**

**MS. ELIZABETH**  
**SANTHOSH**  
**NURSING**  
**SUPERINTENDENT**  
**ST. STEPHEN'S**  
**HOSPITAL**

**Timing: 8am - 5pm**

**Venue: Conference Hall, SSH**

[www.ststephenshospital.org](http://www.ststephenshospital.org)



[www.sshcon.com](http://www.sshcon.com)

**27<sup>TH</sup> & 28<sup>TH</sup> JANUARY 2026**



## **REPORT ON NATIONAL CONFERENCE**

### ***"SKILLED HANDS - SAFER BIRTH"***

The St. Stephen's Hospital College of Nursing organized a two-day National Conference on the theme "Skilled Hands - Safer Birth" on 27th and 28th January 2026 at the Conference Hall, St. Stephen's Hospital, Delhi. The event was conducted under the aegis of the College of Nursing and St. Stephen's Hospital Society, with the aim of strengthening professional knowledge and skills in maternal and newborn care.



### **Purpose & Significance of the Conference**

The conference was designed to highlight the importance of skilled health care professionals in ensuring safe childbirth. It emphasized evidence-based practices, early detection of risks, and compassionate care during pregnancy, labor, and postpartum. The theme aligns with global health priorities and Sustainable Development Goals (SDGs) related to maternal and child health.



  
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### **Inaugural Session**

The program commenced with registration and pre-test followed by the lamp lighting ceremony.

The inaugural session included a welcome address, unfolding of the theme, and the Chief Guest's message delivered by Dr. Sudhir C. Joseph, Director, St. Stephen's Hospital.

The Organizing Chairperson, Prof. Dr. Feba Geevarghese, Principal, St. Stephen's Hospital College of Nursing, along with Ms. Elizabeth Santosh, Nursing Superintendent, extended greetings and set the tone for the academic deliberations.



### **Programme Highlights**

#### ***Day 1 -27<sup>th</sup> January 2026***

- **Session 1:** Strong Plans, Safe Birth: Empowering families to prepare and respond - Dr. Latha Venkatesan, Professor cum Principal, AIIMS CON, Delhi.
- **Session 2:** Every visit counts: Mastering comprehensive antenatal assessment - Ms. Anugrah Milton, Tutor, RAKCON.
- **Session 3:** Early detection of High-Risk Pregnancy – Prof. Dr. Cimil Babu, Vice Principal, HFCON.
- **Session 4:** Calm in the storm: Supporting Women in Birthing – Prof. Dr. Shiny Chacko, National Treasurer, TNAI.

  
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- **Session 5: Contraction to condition: Mastering Intrapartum assessment**– Dr. Raisa Samuel, Consultant, Obs & Gynae, SSH.

- Activities and skill stations were conducted to reinforce practical learning.

**Day 2 –28<sup>th</sup> January 2026**

- **Session 1: *When Every Sign Matters***–Prof. Sheeba P. Joseph, Vice Principal cum Professor, SSHCON.

- **Session 2: *Let Birth Flow: Facilitating & Supporting Normal Birth the Right Way*** - Dr. Naimaa Choudhary, HOD, Obs & Gynae, SSH.

- **Session 3: *The First Minute Matters: Excellence in Immediate Newborn Care***- Dr. Vivian Suman, Consultant, SSH.

- **Session 4: *From Birth to Recovery: Supporting Women in Immediate Postpartum Care***- Prof. Dr. Manju Chhugani, Former Dean, RFCN, Jamia Hamdard.

- **Session 5: *Beyond Birth: Comprehensive Postnatal Assessment***–Ms. Somibala Thokchom, Assistant Professor, RFCN, Jamia Hamdard.

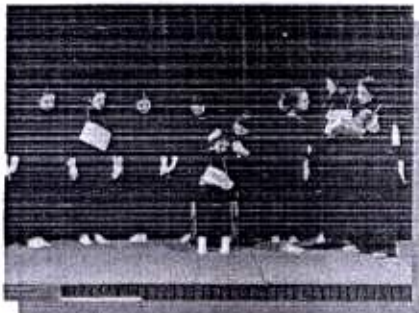
- The day concluded with activities, skill stations, post-test, feedback from the participants and the Valedictory Session.



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### Educational & Professional Impact

- **For participants:** The sessions enhanced clinical knowledge, critical thinking, and hands-on skills in maternal and newborn care.
- **For Faculty & Professionals:** It provided a platform for sharing expertise, networking, and updating evidence-based practices.
- **For the Institution:** The conference reinforced St. Stephen's Hospital College of Nursing's commitment to advancing safe motherhood and professional excellence.
- **For the Community:** By empowering nurses and health care providers, the program contributes to safer births and healthier families.



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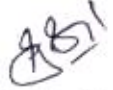
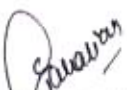
### Conclusion

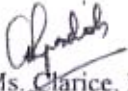
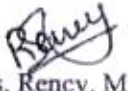
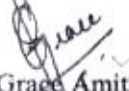
The two-day conference was a resounding success, marked by insightful lectures, interactive sessions, and practical demonstrations. The theme "Skilled Hands -Safer Birth" was effectively unfolded, leaving participants enriched with knowledge and skills to ensure safe maternal and neonatal outcomes.

The event concluded with a vote of thanks and reflecting the institution's dedication to professional growth and compassionate care.



### **Organizing Committee:**

       
Ms. Sheeba P Joseph, Ms. Varsha Varghese, Ms. Shweta, Ms. Mala, Ms. Sapam Asha, Ms. Nalini,

       
Ms. Clarice, Ms. Rency, Ms. Grace Amitha, Ms. Gracy, Ms. Pratibha, Ms. Greesha

  
Prof. Dr. Feba Geevarghese  
Principal

**We cordially invite you to  
our 4<sup>th</sup> National Conference**

**Date:** 23<sup>rd</sup> & 24<sup>th</sup> June 2026

**Timing:** 8 am - 5 pm

**Venue:** Conference Hall, SSH



### **HYBRID MODE**

**Payment for registration**

**Students:**

U.G. & P.G. Students: Rs. 1000/- (On-the-spot registration)

**Healthcare Professionals:**

Rs. 1500/-

*(Tea, Snacks and Lunch will be provided to  
offline participants)*

**Students are required to bring their  
Institutional ID Cards for verification**

**Link for Registration and Payment**

<https://ststephenshospital.org/conf>

**For registration and query contact:**

**Ms. Anjali**

Mob No: 8882100177

**Ms. Amisha**

Mob No: 8448803474

### **CHIEF GUEST:**

**DR. SUDHIR C. JOSEPH**

Director

St. Stephen's Hospital



**ST. STEPHEN'S HOSPITAL**

### **ORGANISING CHAIRPERSONS:**

**PROF. DR. FEBA GEEVARGHESE**

Principal

St. Stephen's Hospital

College of Nursing

**DR. ABHA MANGAL**

Senior Specialist and HOD

Community Health Department

St. Stephen's Hospital

### **ORGANISERS:**

**DR. VINITA**

Senior GDMO, Community Health Dept.

St. Stephen's Hospital

**DR. SAYANTAN BANERJEE**

GDMO, Community Health Dept.

St. Stephen's Hospital

**MS. SAPAM ASHA DEVI**

Assistant Professor

St. Stephen's Hospital College of Nursing

**MS. KOMAL KUMARI**

Senior Tutor

St. Stephen's Hospital College of Nursing

## **4<sup>TH</sup> NATIONAL CONFERENCE**

*Jointly Organized by College of Nursing  
& Community Health Dept.*

**LEADERSHIP & MANAGEMENT  
FOR HEALTHCARE  
PROFESSIONALS**

**NATIONAL CONFERENCE**  
LEADERSHIP & MANAGEMENT  
FOR HEALTHCARE PROFESSIONALS



**LEAD**

**BEYOND LIMITS**

SHAPING VISIONARIES • DRIVING CHANGE

**Date:** 23<sup>rd</sup> & 24<sup>th</sup> June 2026

**Timing:** 8 am - 5 pm

**Prof. Dr. Feba Geevarghese**  
Principal cum Professor  
St. Stephen's Hospital

Associate Professor  
(Nursing & Allied Health)  
USM & AHS, G

**DMC**

**DMC**

⌚ CREDIT HOURS *and* 📄 CERTIFICATES

➤ WILL BE PROVIDED ➤

Greetings from St. Stephen's Hospital. We have immense pleasure in inviting you to the Conference scheduled from 23<sup>rd</sup> to 24<sup>th</sup> June 2026

### Target Group

Under graduate and Post graduate students, Nursing Educators, Nursing Administrators, Faculty members, Researchers and Healthcare Professionals.

### About the Institution

St. Stephen's Hospital, Delhi is a charitable mission hospital established and run by St. Stephen's Hospital Society. It had a humble beginning in 1885 as a 20-bed hospital in Chandni Chowk in memory of Ms. Priscilla Winter, a non-medical missionary. By 1908, the hospital grew into 100 bedded Women and Children's hospital relocated at Tis Hazari. Today this modern well-equipped hospital has a strength of 501 beds in various specialties and super specialties. Education and training of medical, nursing and allied health professionals is an ongoing programme in this institution.

Established in 1908 and founded by Ms. Alice Wilkinson, a pioneer and co-author of the constitution of the INC, we have one of the oldest nursing schools in the country. In 1952, we started the A-grade Diploma course and then the General Nursing & Midwifery course. In the year 2008, the School of Nursing was upgraded to College of Nursing affiliated to GGSIPU and B.Sc. (Hons.) Nursing was started with 50 seats alongside 50 seats for GNM. From the academic year 2026 onwards, the intake capacity for both B.Sc. (Hons.) Nursing and GNM Programmes have been enhanced to 75 seats each. We also have M.Sc. Nursing with 15 seats and Post Basic B.Sc. Nursing with 20 seats.

The Community Health Department of St. Stephen's Hospital came into existence in 1983 and is owned and funded by St. Stephen's Hospital. Located around 16 km away from the main hospital in a resettlement colony of North-East Delhi at Sunder Nagari, the department has since been dedicated to serving vulnerable and disadvantaged populations through accessible, compassionate and community-oriented healthcare services.

### About the theme:

The theme, "LEAD BEYOND LIMITS: Shaping Visionaries, Driving Change," focuses on the importance of visionary leadership and effective management in healthcare. The conference aims to empower healthcare professionals and students with leadership skills, innovative thinking, and strategic decision-making abilities to address the evolving challenges in healthcare.

## PROGRAMME SCHEDULE

### DAY 1 ( 23.06.2026)

| Time            | Event                                                                                                                  | Resource Person                                                                        |
|-----------------|------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|
| 8am-8:30am      | Registration and Pre - Test                                                                                            |                                                                                        |
| 8:30-9:30am     | <b>Session 1:</b><br>Redefining Leadership in a Rapidly Changing World                                                 | Mr. Ajitabh Alwin Thomas<br>AGM Nursing Quality Education & Training<br>Max Healthcare |
| 9:30-10:15am    | Inaugural Session<br>Opening Prayer<br>Lamp Lighting<br>Welcome Address<br>Unfolding of theme<br>Chief Guest's address |                                                                                        |
| 10:15-10:30am   | TEA BREAK                                                                                                              |                                                                                        |
| 10:30-11:30am   | <b>Session 2:</b><br>Inside the Organization: Mastering the art of management                                          | Dr. Mini George<br>Principal<br>College of Nursing,<br>ILBS                            |
| 11:30am-12:30pm | <b>Session 3:</b><br>Leading from within: Emotional Intelligence and Self- Mastery                                     | Dr. Deepika C. Khakha<br>Nursing Advisor<br>DGHS, MOHFW                                |
| 12:30-1:30pm    | <b>Session 4:</b><br>Beyond Authority: Adaptive and Situational Leadership                                             | Dr. Abha Mangal<br>Senior Specialist & HOD<br>CHD-SSH                                  |
| 1:30-2:15pm     | LUNCH BREAK                                                                                                            |                                                                                        |
| 2:15-3:15pm     | <b>Session 5:</b><br>The Power of Communication and Collaborative Leadership                                           | Dr. Vinita<br>Senior GDMO,<br>CHD-SSH                                                  |
| 3:15-4:15pm     | <b>Session 6:</b><br>From Conflict to Collaboration: Building High- Performance Teams                                  | Dr. V. Indumathy<br>Secretary,<br>TNAI Delhi Branch                                    |
| 4:15-5pm        | SIMULATION ACTIVITY                                                                                                    |                                                                                        |

## PROGRAMME SCHEDULE

### DAY 2 ( 24.06.2026)

| Time               | Event                                                                                                                                                                                                                                                                                                                                                                | Resource Person                                                                                                                                               |
|--------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 8 - 9 am           | <b>Session 1:</b><br>Thinking like a Leader: Strategic Decision-making in action                                                                                                                                                                                                                                                                                     | Mr. Innocent Xess<br>Gen. Supdt., SSH                                                                                                                         |
| 9-10 am            | <b>Session 2:</b><br>Managing Resources, Maximizing Impact                                                                                                                                                                                                                                                                                                           | Dr. Abhijeet Sangma<br>Doctors Section Secretary,<br>CMAI                                                                                                     |
| 10-10:15 am        | TEA BREAK                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                               |
| 10:15-11:15 am     | <b>Session 3:</b><br>The Excellence by Design: Quality and Performance Leadership                                                                                                                                                                                                                                                                                    | Dr. (Maj) Mukesh Kumar<br>Assistant Professor<br>Dept of Community Medicine, HIMSR& HAHC<br>Hospital, Delhi                                                   |
| 11:15am - 12:15 pm | <b>Session 4:</b><br>From Leading through Crisis and Change                                                                                                                                                                                                                                                                                                          | Dr. Rajiv Joy Nathan,<br>Med.Suptd<br>TLM Hospital                                                                                                            |
| 12:15 - 12:30pm    | CASE STUDY- ACTIVITY                                                                                                                                                                                                                                                                                                                                                 |                                                                                                                                                               |
| 12:30-1 pm         | LUNCH BREAK                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                               |
| 1-2 pm             | <b>Session 5:</b><br>Beyond Innovation, Technology and The Future of Leadership                                                                                                                                                                                                                                                                                      | Dr. Soudatta Patra,<br>Director Professor,<br>Community Medicine,<br>UCMS                                                                                     |
| 2-3pm              | <b>Session 6:</b><br>Leadership Legacy: Ethics, Vision, and Future-Ready Professionals                                                                                                                                                                                                                                                                               | Dr. Achala<br>ADG (Nursing)<br>DGHS, MOHFW                                                                                                                    |
| 3-4 pm             | <b>Session 7:</b><br>PANEL DISCUSSION<br>Leadership in the Real World: Navigating the Complexity of Reality<br><br>Dr. Feba Geovarghese<br>Principal cum Professor<br>St. Stephen's Hospital<br>Associate Dean<br>(Nursing & Allied Sciences),<br>USM, Delhi<br>USA, 15pm, GGSIPU | Prof. Dr. Feba Geovarghese<br>Specialist, CHD SSH<br>SSHCON<br>Dr. Soumyajit Bose<br>Specialist, CHD SSH<br>Mr. Emmanuel Baghe<br>Assistant HR Manager<br>SSH |
| 4:15-5 pm          | Valedictory Session & Certificate Distribution                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                               |



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# **ST. STEPHEN'S HOSPITAL COLLEGE OF NURSING**

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REPORT ON 4TH NATIONAL CONFERENCE ON  
LEADERSHIP & MANAGEMENT FOR  
HEALTHCARE PROFESSIONALS

A handwritten signature in black ink, appearing to be 'F. Geevarghese'.

**Prof. Dr. Faba Geevarghese**  
Principal cum Professor  
St. Stephen's Hospital CON  
Associate Dean  
(Nursing & Allied Sciences),  
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## ABOUT THE CONFERENCE AND THEME

**Leadership and management** in healthcare refers to the ability to guide, inspire and coordinate people, resources and systems so that safe, quality and compassionate care is delivered. Strong leadership helps healthcare professionals make sound decisions, build high-performing teams, manage change and respond to the evolving challenges of the healthcare system.

With the same thought in mind, the theme of this year's conference was decided as "LEAD BEYOND LIMITS: Shaping Visionaries, Driving Change".

The theme focuses on the importance of visionary leadership and effective management in healthcare. The conference aimed to empower healthcare professionals and students with leadership skills, innovative thinking and strategic decision-making abilities to address the evolving challenges in healthcare.

The official logo of the conference depicts an infinity loop enclosing a doctor, a nurse and a healthcare administrator alongside a hospital building, supported by two open hands. It symbolizes teamwork, limitless growth and service. Credit hours (DNC & DMC) and participation certificates were provided for the conference.



*Official Logo of the Conference*

Prof. Dr. Feba Geevarghese  
Principal cum Professor  
St. Stephen's Hospital CON  
Associate Dean  
(Nursing & Allied Sciences),  
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## INTRODUCTION

*"A leader is one who knows the way, goes the way, and shows the way."*

*- John C. Maxwell*

In an effort to strengthen leadership and management skills among nursing and healthcare students and professionals, St. Stephen's Hospital, Delhi, organized its 4th National Conference on "Leadership & Management for Healthcare Professionals" on 23rd and 24th June 2026 from 8:00 am to 5:00 pm. The conference was jointly organized by St. Stephen's Hospital College of Nursing and the Community Health Department, St. Stephen's Hospital, and was held in hybrid mode (offline and online) at the Conference Hall, St. Stephen's Hospital, Delhi.

The conference was open to undergraduate and postgraduate students, nursing educators, nursing administrators, faculty members, researchers and healthcare professionals. A total of 136 participants took part in the conference.

Prof. Dr. Feba Geevarghese, Principal, St. Stephen's Hospital College of Nursing, and Dr. Abha Mangal, Senior Specialist and HOD, Community Health Department, St. Stephen's Hospital, were the Organizing Chairpersons of the conference. Dr. Sudhir C. Joseph, Director, St. Stephen's Hospital, was the Chief Guest. Dr. Vinita, Dr. Sayantan Banerjee, Ms. Sapam Asha Devi and Ms. Komal Kumari were the organizers of the conference. The registration and coordination of online participants were managed by Ms Amisha, ensuring smooth participation of both offline and online delegates. The conference was also supported by CBS Publishers, whose financial contribution is gratefully acknowledged.



  
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## CONFERENCE AT A GLANCE

| Particulars             | Details                                                                                                                                                                                        |
|-------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                   | 4th National Conference on "Leadership & Management for Healthcare Professionals"                                                                                                              |
| Theme                   | LEAD BEYOND LIMITS: Shaping Visionaries, Driving Change                                                                                                                                        |
| Date                    | 23rd and 24th June 2026                                                                                                                                                                        |
| Time                    | 8:00 am to 5:00 pm                                                                                                                                                                             |
| Venue                   | Conference Hall, St. Stephen's Hospital, Delhi                                                                                                                                                 |
| Mode                    | Hybrid (offline and online)                                                                                                                                                                    |
| Organized by            | St. Stephen's Hospital College of Nursing and Community Health Department, St. Stephen's Hospital, Delhi                                                                                       |
| Target group            | Undergraduate and postgraduate students, nursing educators, nursing administrators, faculty members, researchers and healthcare professionals                                                  |
| Total participants      | N = 136                                                                                                                                                                                        |
| Registration fee        | UG & PG students: Rs. 1000/-; Healthcare professionals: Rs. 1500/-                                                                                                                             |
| Chief Guest             | Dr. Sudhir C. Joseph, Director, St. Stephen's Hospital                                                                                                                                         |
| Organizing Chairpersons | Prof. Dr. Feba Geevarghese, Principal, St. Stephen's Hospital College of Nursing; Dr. Abha Mangal, Senior Specialist and HOD, Community Health Department, St. Stephen's Hospital              |
| Organizers              | Dr. Vinita, Senior GDMO, Community Health Dept.; Dr. Sayantan Banerjee, GDMO, Community Health Dept.; Ms. Sapam Asha Devi, Assistant Professor, SSHCON; Ms. Komal Kumari, Senior Tutor, SSHCON |

## OBJECTIVES OF THE CONFERENCE

1. To understand the concepts and principles of leadership and management in healthcare.
2. To develop skills in emotional intelligence, communication, adaptive leadership and team building.
3. To enhance strategic decision-making, resource management and quality and performance leadership.
4. To explore the role of innovation, technology and ethics in the future of healthcare leadership.
5. To practice leadership skills through case study and simulation activities.

  
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## DESCRIPTION OF ACTIVITIES DONE

The 4th National Conference on Leadership & Management for Healthcare Professionals was conducted on 23rd and 24th June 2026 under the guidance of Prof. Dr. Feba Geevarghese, Principal, SSHCON, and Dr. Abha Mangal, Senior Specialist and HOD, Community Health Department, who guided the organizing team from planning to execution in a coordinated manner.

### DAY 1: 23<sup>RD</sup> JUNE 2026

The conference started at 8:00 am with registration and pre-test for the participants. The pre-test consisted of 30 questions and was completed by 8:30 am, after which the programme began.

**Session 1 (8:30 – 9:30 am):** "Redefining Leadership in a Rapidly Changing World" was taken by Mr. Ajitabh Alwin Thomas, AGM Nursing Quality Education & Training, Max Healthcare.

**Inaugural Session (9:30 – 10:15 am):** The inaugural session began with an opening prayer and lamp lighting, followed by the welcome address and the unfolding of the theme. The chief guest, Dr. Sudhir C. Joseph, Director, St. Stephen's Hospital, then addressed the gathering.



**Session 2 (10:30 – 11:30 am):** "Inside the Organization: Mastering the Art of Management" was taken by Dr. Mini George, Principal, College of Nursing, ILBS.

**Session 3 (11:30 am – 12:30 pm):** "Leading from Within: Emotional Intelligence and Self-Mastery" was taken by Dr. Deepika C. Khakha, Nursing Advisor, DGHS, MOHFW.

**Session 4 (12:30 – 1:30 pm):** "Beyond Authority: Adaptive and Situational Leadership" was taken by Dr. Abha Mangal, Senior Specialist & HOD, Community Health Department, SSH.

  
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After the lunch break, the afternoon sessions were conducted.

**Session 5 (2:15 – 3:15 pm):** "The Power of Communication and Collaborative Leadership" was taken by Dr. Vinita, Senior GDMO, Community Health Department, SSH.

**Session 6 (3:15 – 4:15 pm):** "From Conflict to Collaboration: Building High-Performance Teams" was taken by Dr. V. Indumathy, Secretary, TNAI Delhi Branch.

**Simulation Activity (4:15 – 5:00 pm):** The day concluded with a simulation activity in which participants applied leadership concepts in practice.



#### DAY 2: 24<sup>TH</sup> JUNE 2026

**Session 1 (8:00 – 9:00 am):** "Thinking like a Leader: Strategic Decision-making in Action" was taken by Dr. Achala, ADG (Nursing), DGHS, MOHFW.

**Session 2 (9:00 – 10:00 am):** "Managing Resources, Maximizing Impact" was taken by Dr. Abhijeet Sangma, Doctors Section Secretary, CMAI.

**Session 3 (10:15 – 11:15 am):** "The Excellence by Design: Quality and Performance Leadership" was taken by Dr. (Maj) Mukesh Kumar, Assistant Professor, Department of Community Medicine, HIMSR & HAHC Hospital, Delhi.

**Session 4 (11:15 am – 12:15 pm):** "From Leading through Crisis and Change" was taken by Dr. Rajiv Joy Nathan, Med. Supdt., TLM Hospital.

**Case Study Activity (12:15 – 12:30 pm):** Participants were engaged in a case study activity related to leadership in healthcare.

After the lunch break, the afternoon sessions were conducted.

**Session 5 (1:00 – 2:00 pm):** "Beyond Innovation, Technology and the Future of Leadership" was taken by Dr. Somdatta Patra, Director/Professor, Community Medicine, UCMS.

  
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**Session 6 (2:00 – 3:00 pm):** "Leadership Legacy: Ethics, Vision, and Future-Ready Professionals" was taken by Mr. Innocent Xess, Gen. Supdt., SSH.

**Session 7 (3:00 – 4:00 pm):** A panel discussion on "Leadership in the Real World: Theory Vs Reality" was held with Prof. Dr. Feba Geevarghese, Principal, SSHCON; Dr. Soumyajit Bose, Specialist, CHD, SSH; and Mr. Emmanuel Baghe, Assistant HR Manager, SSH, as panelists.



The conference concluded with the post-test (4:00 – 4:15 pm) followed by the Valedictory Session, Vote of thanks given by Dr. Sayantan Banerjee, and Certificate Distribution (4:15 – 5:00 pm). Feedback was taken from all participants of both offline and online modes

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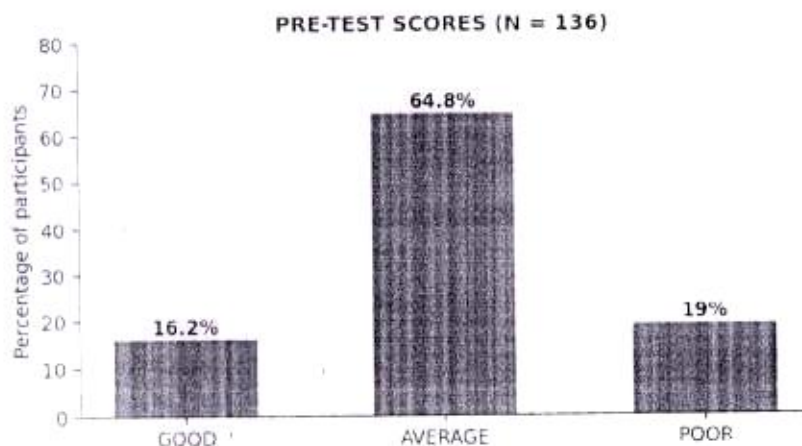
## EFFECTIVENESS OF THE CONFERENCE

The effectiveness of the conference was calculated at the end of the conference and it was found that the conference was knowledgeable and effective for the group. The pre-test and post-test each consisted of 30 questions. The criterion for evaluation was set as follows:

| CRITERION | SCORE   |
|-----------|---------|
| GOOD      | 21 – 30 |
| AVERAGE   | 11 – 20 |
| POOR      | 1 – 10  |

Based on this criterion the participants were evaluated in pre-test and post-test. The pre-test and post-test results are depicted in the graphs below.

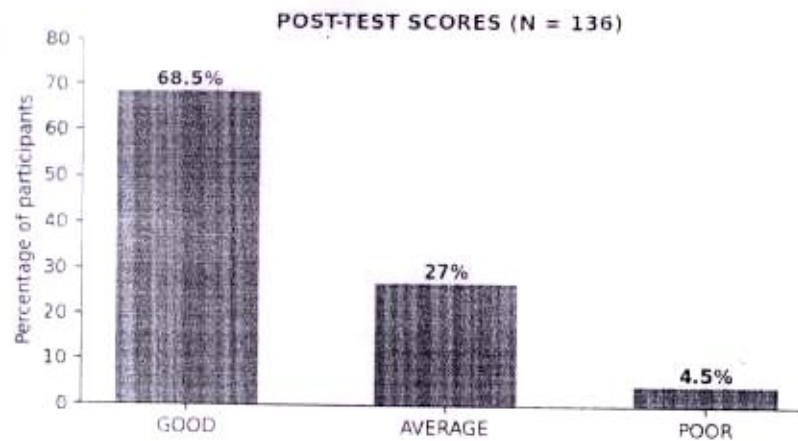
### PRE-TEST SCORES OF PARTICIPANTS (N = 136)



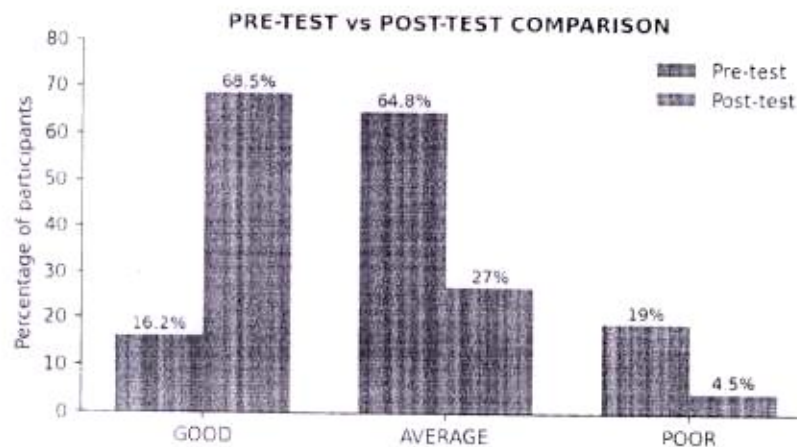
16.2% participants scored good marks, 64.8% scored average marks and 19% scored poor marks.

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## POST-TEST SCORES OF PARTICIPANTS (N = 136)



68.5% participants scored good marks, 27% scored average marks and 4.5% scored poor marks.



This result revealed the effectiveness of the conference as the proportion of participants in the good category increased from 16.2% in the pre-test to 68.5% in the post-test, while those in the poor category reduced from 19% to 4.5%.

  
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## BUDGET OF THE CONFERENCE

The proposed budget of the conference was as follows:

| Category                     | Items                                                                                                                                                         | Expenditure                    |
|------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------|
| Stationery & Bouquet/Garland | <ul style="list-style-type: none"><li>• Folders, stationery, I.D. card for delegates;</li><li>• Stationery for conference</li><li>• Bouquet/Garland</li></ul> | Rs. 3500/-                     |
| Printing and Branding        | <ul style="list-style-type: none"><li>• Conference pamphlet</li><li>• Banners</li><li>• Standees</li></ul>                                                    | Rs. 2500/-                     |
| Memento                      | <ul style="list-style-type: none"><li>• 19 mementos for Chief Guest and speakers</li></ul>                                                                    | Rs. 2230/-                     |
| Refreshments                 | <ul style="list-style-type: none"><li>• Tea &amp; snacks, water, lunch at Rs. 500/- per delegate per day and speakers</li></ul>                               | Rs. 28,000/-                   |
| <b>Grand Total</b>           |                                                                                                                                                               | <b>Rs. 36,230 /- (approx.)</b> |

- Registration fee: UG & PG students Rs. 1000/-; healthcare professionals Rs. 1500/-. Tea, snacks, and lunch were provided to offline participants.
- CBS Publishers contributed Rs. 5000/- as sponsorship for the conference.

| Particulars            | Amount       |
|------------------------|--------------|
| TOTAL AMOUNT COLLECTED | Rs. 90,500/- |
| TOTAL EXPENSES         | Rs. 36,230/- |
| BALANCE AMOUNT         | Rs. 54,270/- |

  
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## **FEEDBACK OF PARTICIPANTS**

Feedback was collected from all participants at the end of the conference, from both offline and online (hybrid) modes. The feedback received is summarized below.

### **Offline Mode**

Offline participants rated the overall experience and sessions as excellent, reported improved knowledge, and suggested more nursing-related conferences and sharing of the presentations.

### **Online Mode**

Feedback was received from online participants. 73% rated the overall experience as excellent and 27% as good. 96% said the conference improved their knowledge. Participants found the sessions knowledgeable and well organized, and suggested sharing the PPTs, improving video quality, and adding more practical examples.



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## SUMMARY AND CONCLUSION

Through this conference, the organizers, resource persons and participants were able to share knowledge and practical skills regarding leadership and management in healthcare. The participants' knowledge was assessed through a pre-test and post-test, and the feedback collected from the audience showed an overall positive response.

The conference took place on 23rd and 24th June 2026 in hybrid mode at the Conference Hall, St. Stephen's Hospital, Delhi, on the theme "LEAD BEYOND LIMITS: Shaping Visionaries, Driving Change".

The main objectives were:

- To understand the concepts and principles of leadership and management in healthcare.
- To develop skills in emotional intelligence, communication, adaptive leadership and team building.
- To enhance strategic decision-making, resource management and quality and performance leadership.
- To explore the role of innovation, technology and ethics in the future of healthcare leadership.
- To practice leadership skills through case study and simulation activities.

The conference was organized over two days with thirteen sessions by eminent resource persons from the fields of nursing, medicine, public health and hospital administration, a panel discussion, and case study and simulation activities. The conference began with registration and pre-test, followed by the inaugural session with the chief guest, Dr. Sudhir C. Joseph, Director, St. Stephen's Hospital.

The pre-test and post-test results showed a clear improvement in participants' knowledge, with good scores rising from 16.2% to 68.5%. The conference concluded with the post-test, collection of feedback, valedictory session and certificate distribution.

*"Leadership is not about being in charge. It is about taking care of those in your charge."*

*Simon Sinek*

  
Ms. Koral Kumari/ Ms. Amisha  
Organisers

  
Prof. Dr. Feba Geevarghese  
Principal & Organizing Chairpersons

## ANNEXURE IX

### Reference to Point 9(a.2): Papers published in Conference Proceedings

| S.NO | FACULTY NAME       | PAPER PUBLICATION                                                                                                            | YEAR | PUBLICATIONS/JOURNAL                                                                                                  |
|------|--------------------|------------------------------------------------------------------------------------------------------------------------------|------|-----------------------------------------------------------------------------------------------------------------------|
| 1.   | Ms. Esther Manohar | Effectiveness of Peyton's Four Step Approach on CPR skills among under graduate nursing students: A Quasi Experimental Study | 2026 | The Nursing Journal Of India<br><br><b>Details:</b><br>Vol: CXVII, Issue: 2,<br>August 2026<br>ISSN NO (P): 0029-6503 |



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